

## **Existing Resources for Veterans**

### **NCWorks Online**

<https://www.ncworks.gov/>

NCWorks Online is a one-stop online resource for job seekers and employers in North Carolina. Job seekers can search for jobs, create resumes, and find education and training. Employers can find candidates, post jobs, and search labor market information. NCWorks Online has several features for veterans, such as 24-hour veteran hold on new job orders, meaning only veterans can apply during the first 24-hour period. Registration in NCWorks Online is free and available 24/7 with a viable Internet connection.

### **America's Heroes at Work — Veterans Hiring Toolkit**

<http://www.dol.gov/vets/ahaw/>

Employers who are interested in developing or enhancing veterans hiring initiatives, but are not sure where to start, will find the Veterans Hiring toolkit most helpful. The U.S. Department of Labor recognizes that it is often difficult to navigate the wealth of resources available for hiring veterans, Wounded Warriors, and transitioning service members. This toolkit was developed to simplify the process and put valuable resources at employers' fingertips. It serves to identify helpful tools and outline some important steps to take when designing a veterans hiring initiative that works for a particular business. Taking into consideration each employer's unique circumstance, this reference guide provides a selection of promising practices and resources that employers use to recruit talented and skilled veterans to their companies.

### **The Veterans Business Outreach Program/Veterans Business Outreach Centers**

<http://www.vboc.org/>

VETS serve America's veterans and separating service members by preparing them for meaningful careers, providing employment resources and expertise, and protecting their employment rights. Veterans are able to access information regarding grant(s) availability, priority of service, Veterans Hiring Initiatives, apprenticeships, and state, local and federal employment services.

## **Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE)**

<http://www.dcoe.mil/>

The Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) serves as the principal integrator and authority on psychological health and traumatic brain injury (TBI) knowledge and standards for the Defense Department. DCoE is comprised of Defense and Veterans Brain Injury Center (DVBIC), Deployment Health Clinical Center (DHCC), and National Center for Telehealth and Technology (T2). Outreach services are available for service members, veterans, and their families. Anyone, including those with no military affiliation, can access these services by calling toll free at 866-966-1020, emailing [resources@dcoeoutreach.org](mailto:resources@dcoeoutreach.org), or live chat at [dcoe.health.mil/24-7help.aspx](http://dcoe.health.mil/24-7help.aspx). These 24/7 outreach center services are by health resources consultants.

The latest technology offering of DCoE is a mobile app called “Virtual Hope Box.” This free smartphone app was developed to help users manage stress by helping them to refocus and remember good things. The app features relaxation elements, games for distraction and inspiring quotes, as well as the capacity for users to upload music, photographs, and messages to themselves to help cope with specific challenges.

## **Service Women’s Action Network (SWAN)**

<http://servicewomen.org/>

Service Women’s Action Network (SWAN) is a nonpartisan civil rights organization that works to ensure that service women and women veterans receive the resources they need to lead successful lives. SWAN has established itself as the leading U.S. organization that focuses on gender-specific needs and issues faced by women in the U.S. Military. They work to assure equal opportunity and the freedom to serve in uniform without the threat of discrimination, harassment, or assault, and to secure quality health care and equal benefits for women veterans and their families. In addition to advocating through the media, community organizing, and educating policymakers and legislators, SWAN also provides a pipeline to legal, mental health, and other essential services.

## Veterans' Crisis Line

<http://veteranscrisisline.net/>

If you are a veteran or if you are concerned about one, this toll-free line provides confidential assistance to veterans and their families. Many of the specially trained and experienced responders are veterans themselves and understand how to address the needs and challenges of veterans, their families, and extended networks. Veterans' Crisis Line and the VA are collaborating with communities nationwide to assure that the necessary support is always available. Confidential support is available 24 hours a day by calling toll free 1-800-273-8255, through online chat, or sending a text message to 838255. There are also accessible support options for deaf and hard-of-hearing individuals.