

COMMUNITY RESOURCE ASSISTANCE GUIDE

Polk County, NC

North Carolina Division of Workforce Solutions



10/29/2018

COMMUNITY RESOURCE ASSISTANCE GUIDE

Polk County, NC

Childcare/Youth Services

Agency Name: Department of Social Services
Address: 231 Wolverine Trail Mill Spring, NC 28756
Phone: 828.894.2100
Website: www.polknc.org/social_services
Service(s) Offered: The mission of Polk County Department of Social Services is to assist families and individuals by helping them maintain and / or enhance their quality of life

Agency Name: Polk County Schools-Pre-Kindergarten Program
Address: 125 E. Mills St. Columbus, NC 28722
Phone: 828.894.3051
Website: www.polkschools.org/preschool
Service(s) Offered: Offering students in each of our communities the opportunity for a wonderful educational beginning.

Agency Name: ChildcareCenters.US/Polk County
Address: Polk County Affordable Child Care Centers
Phone: NA-Information provided online only
Website: http://childcarecenter.us/county/polk_nc
Service(s) Offered: Polk County childcare centers come in sizes, costs, and programs to fit all budgets and preferences.

Agency Name: Tuesday School
Address: 328 Melrose Ave, Tryon, NC 28782
Phone: 828.859.0258
Website: <http://www.tuesdayschool.org>
Service(s) Offered: Tuesday School provides nurturing preschool learning environment while developing self-esteem in each child. The focal point of our program is to offer age-appropriate activities and experiences to aid each child in developing to their fullest potential in all developmental areas: social, emotional, physical, and intellectual.

Agency Name: Children & Family Resource Center
Address: 851 Case St, Hendersonville, NC 28792
Phone: 828.698.0674
Website: <http://www.childrenandfamily.org>
Service(s) Offered: We improve children's lives through parent education, quality child care resources and leadership on children's issues throughout the community.

Agency Name: Steps to Hope
Address: 60 Ward St Columbus, NC 28722
Phone: 828.894.2340
Website: www.stepstohope.org
Service(s) Offered: Temporary, emergency safe shelter is available, along with counseling, ASK program, and Court Advocacy.

Agency Name: Only Hope WNC
Address: PO Bx. 394 Hendersonville, NC 28739
Phone: 828.693.5499
Website: <http://www.onlyhopewnc.org>
Service(s) Offered: Only Hope exists to serve the homeless youth of WNC by providing a home and services where education, personal growth, and opportunity are supported and encouraged. Call and set appointment up; complete one-page application.

Agency Name: Good Shepherd Homework Center
Address: PO Bx. 893 Tryon, NC 28782
Phone: 828.859.9529 or 828.859.9961
Website: [NA](#)
Service(s) Offered: Offers students a supervised location to do homework. Designed to provide homework assistance, tutorial help when needed. The Center is open M-TH 3:15-4:30 pm, following school calendar. Call for more information.

Agency Name: Big Brother-Big Sister of Western NC
Address: 301 North Trade St Tryon, NC 28782
Phone: 828.859.9230
Website: www.bbbswnc.org/big-brothers-big-sisters-polk
Service(s) Offered: Our vision is to provide a mentor for every child who needs or wants one.

Agency Name: WCCA Columbus Children's Center
Address: 2060 Lynn Rd., Columbus, NC 28722
Phone: 828.859.0165
Website: <http://www.wcca.net/wcca-services/head-start.html>
Service(s) Offered: Childcare (headstart) offered to children birth to age 3, free for eligible families. WCCA also offers home-based programs.

Clothing/Food/Housing

Agency Name: Second Chance Thrift Store
Address: 232 East Mills Street Columbus, NC 28722
Phone: 828-894-2373
Website: [www. http://stepstohope.org/scts](http://www.stepstohope.org/scts)
Service(s) Offered: Provides clothing at thrift or reduced prices

Agency Name: Bethlehem United Methodist Church
Address: 253 School Street Mill Spring, NC 28756
Phone: 828.551.9686
Website: <http://www.umc.org/find-a-church/church/33042>
Service(s) Offered: Clothing is available in all sizes for children as well as adults. There are also free diapers, personal hygiene items, cleaning supplies, and even pet food. Welcome Table available on Thursday. Call for more information.

Agency Name: Hickory Nut Gorge Outreach
Address: 2570 Memorial Hwy Lake Lure, NC 28746
Phone: 828.625.4683
Website: <http://www.hickorynutgorgeoutreach.org/>
Service(s) Offered: Basic needs such as food, utilities, rent, transportation, housing, prescriptions, clothing, etc. for residents in the Hickory Nut Gorge Community.

Agency Name: Salvation Army of Henderson and Polk Counties
Address: 239 Third Avenue East Hendersonville, NC 28792
Phone: 828.693.4181
Website: <http://www.salvationarmyusa.org>
Service(s) Offered: Free clothes are offered at most twice per year. There is also food, holiday programs, on site thrift stores, and more.

Agency Name: Thermal Belt Outreach Ministry
Address: 134 White Dr. Columbus, NC 28722
Phone: 828.894.2988
Website: www.tboutreach.org
Service(s) Offered: Basic needs such as food, utilities, rent, transportation, housing, prescriptions, clothing, etc.

Agency Name: Church of the Transfiguration
Address: 72 Charles St. Saluda, NC 28773
Phone: 828.749.9740
Website: www.tranfigurationsaluda.org
Service(s) Offered: On the third Friday afternoon of every month a small, dedicated group of folks provide a simple brown bag of groceries full of nutrient dense food items and often a fresh bag of local apples and loaf of bread.

Agency Name: Saluda Welcome Table–Saluda United Methodist Church
Address: 132 Greenville St. Saluda, NC 28773
Phone: 828.606.3452
Website: [NA](#)
Service(s) Offered: Free meals to anyone on Tuesdays from 5:30pm-6:45pm.

Agency Name: **The Meeting Place-Home Delivered Meals**
Address: 75 Carmel Lane Columbus, NC 28722
Phone: 828.894.0001
Website: www.polknc.org/departments/meetingplace
Service(s) Offered: Delivers hot meals to home bound seniors. For residents ages 60 or over who are home bound and unable.

Agency Name: **Polk Baptist Association Care Kitchen**
Address: 208 Blanton St. Columbus, NC 28722
Phone: 828.894.5633
Website: www.polkbaptistassociation.org
Service(s) Offered: Meals Every Friday 11:30 am – 12:30 pm

Agency Name: **Columbus Baptist Church**
Address: 45 Houston Rd. Columbus, NC 28722
Phone: 828.894.8588
Website: www.columbusbc.org
Service(s) Offered: Meals Every 3rd Wednesday 5:30 pm

Agency Name: **PBJ (People being Jesus)**
Address: 500 7th Ave East Hendersonville, NC 28792
Phone: 828.693.4303
Website: www.newcreationiccc.com
Service(s) Offered: Hours Saturdays 10:00 am - 2:30pm We give out food boxes from 10:30am - 1:30pm We usually have breakfast three days a week and share a meal on Thursdays at 6:00pm Please call for more information

Agency Name: **Section 8 Housing**
Address: 111 West Court St. Rutherfordton, NC 28139
Phone: 828-287.2281
Website: www.regionc.org
Service(s) Offered: The Housing Choice Boucher (HCV) program is the federal government's major program assisting very low-income families, the elderly and /or the disabled to afford decent, safe and sanitary housing in the private market.

Agency Name: **Thrift Barn**
Address: 1810 SC-14 Landrum, SC 29356
Phone: 864.457.7348
Website: www.hospiceofrutherford.org
Service(s) Offered: Provides gently used merchandise for purchase.

Agency Name: **Habitat for Humanity Restore**
Address: 132 N. Trade Street Landrum, SC 29356
Phone: 864.457.2666
Website: www.thermalbelthabitat.org/tbh
Service(s) Offered: Provides gently used home furnishings for purchase.

Agency Name: **A Thrift Barn**
Address: 64 Greenville St. Saluda, NC 28773
Phone: 828.749.3320
Website: [NA](#)
Service(s) Offered: Provides gently used merchandise for purchase.

Agency Name: **Tryon Seventh-Day Adventist Thrift Store**
Address: 2820 Lynn Rd. Tryon, NC 28782
Phone: 828.859.6407
Website: www.tryonsdachurch.org
Service(s) Offered: Pop-up market locations/Polk County Wellness Center.

Agency Name: **Grace of God Rescue Mission**
Address: 537 West Main St. Forest City, NC 28043
Phone: 828.245.9141
Website: <https://gogrm.wordpress.com>
Service(s) Offered: Provides shelter and food to anyone in need.

Agency Name: **Feed a Family United Church of Christ**
Address: 210 Melrose Ave. Tryon, NC 28782
Phone: 828.859.9509
Website: www.ucctryon.org
Service(s) Offered: Provides a meal each week to families throughout the summer months.

Agency Name: **Green Creek Missionary Baptist Church**
Address: 2382 Coxe Rd. Tryon, NC 28782
Phone: 828.863.2549
Website: [NA](#)
Service(s) Offered: Food pantry available. Call for more information.

Agency Name: **Columbus Tailgate Market**
Address: Courthouse St. Columbus, NC 28722
Phone: 828.548.1316
Website: www.polkcountyfarms.org
Service(s) Offered: EBT/SNAP accepted

Agency Name: **Meals on Wheels/Polk and Garden Creek**
Address: 75 Carmel Lane Columbus, NC 28722
Phone: 828.749.9245
Website: [NA](#)
Service(s) Offered: Home-delivered meals for those that qualify daily. For more information please call.

Education/Training/Employment

Agency Name: Isothermal Community College, Polk Campus
Address: 1255 West Mills Street, Columbus NC 28722
Phone: 828.894.3092
Website: www.isothermal.edu
Service(s) Offered: Adult Basic Education (ABE), Adult High School (AHS) and General Educational Development (GED). English Second Language (ESL) is available free of charge and open to anyone 18 yrs. Or older. Provides continuing education opportunities for adults who desire to upgrade their capabilities for professional success or to enrich their personal lives.

Agency Name: WIOA Training and Development/Polk Library
Address: 1289 West Mills St. Columbus, NC 28722
Phone: 828.894.8721 ext. 231
Website: www.polklibrary.org
Service(s) Offered: The Workforce Innovation and Opportunity Act empowers North Carolina to train its workforce and guides how the NCWorks initiative connects job seekers to employers.

Agency Name: NCWorks Career Center
Address: 223 Charlotte Road Rutherfordton, NC 28139
Phone: 828.286.3042 or 828.894.8721
Website: www.ncworks.gov
Service(s) Offered: Job-training programs and services to help you increase your skillset and obtain meaningful employment. A representative is available on Tuesday and Wednesday at Polk County Library. Please call for more information.

Agency Name: NC Cooperative Extension Services
Address: 60 Gibson St. Columbus, NC 28722
Phone: 828.894.8218
Website: www.polk.ces.ncsu.edu
Service(s) Offered: Helps build quality communities by training adult and youth volunteers to become community leaders, providing educational programs to stimulate community economic development, working in partnership with other agencies to help citizens prepare for and recover from disasters – and more.

Agency Name: NC Vocational Rehabilitation Services
Address: 227 Commercial Drive, Forest City NC 28043
Phone: 828.245.1223
Website: www.ncdhhs.gov/dvrs
Service(s) Offered: Provides counseling, training, education, transportation, job placement, assistive technology and support services to people with physical, psychiatric or intellectual disabilities to assist them with living independently and with finding a job and staying on the job.

Agency Name: Polk Vocational Services
Address: 451 Industrial Park Dr. Columbus, NC 28722
Phone: 828.894.3041
Website: www.polkvocational.com
Service(s) Offered: Provides vocational rehabilitation, developmental services, and employment for people with disabilities, disadvantages and other barriers to employment.

Agency Name: The Senior Community Service Employment Program (Title V)
Address: West Court St. Rutherfordton, NC 28139
Phone: 828.287.2281
Website: www.regionc.org
Service(s) Offered: A community service and work-based training program for older workers. 55 or older.

Medical/Home/Mental Health

Agency Name: Black Mountain Nero-Medical Treatment Center
Address: 932 Old US 70 Hwy, Black Mountain, NC 28711
Phone: 828-669.3379
Website: www.bmcnc.org
Service(s) Offered: overnight respite care

Agency Name: Community Health Connections
Address: 2186A Lynn Rd Lynn, NC 28750
Phone: 828.894.3308
Website: <http://www.chconnections.org>
Service(s) Offered: Provides non-institutional personal care, healthcare and related services designed to encourage independent living in a cost effective, patient-centered and high-quality setting.

Agency Name: Polk Wellness Center
Address: 155 West Mills St Columbus, NC 28722
Phone: 828.894.2222
Website: www.polkwellness.org
Service(s) Offered: Primary medical and mental health services. Sliding Scale for clients meeting income requirements. Mon-Fri 8:00 am-5:00 pm. Call to make appointment.

Agency Name: Services for the Blind
Address: 231 Wolverine Trail Mill Spring, NC 28756
Phone: 828.894.2100
Website: www.ncdhhs.gov/dsb
Service(s) Offered: Each Wednesday and 4th Friday.

Agency Name: Polk County Health Department
Address: 161 Walker St. Columbus, NC 28722
Phone: 828.894.8271
Website: www.rpmhd.org
Service(s) Offered: Child health clinic for well child exams, child service coordination, pregnancy testing and referral, WIC nutrition education, children and adult immunizations, women's preventive health screening, and family planning services.

Agency Name: The Saluda Medical Ctr/Prescription Assistance Program (PAP)
Address: 86 Greenville St. Saluda, NC 28733
Phone: 828.749.4411
Website: www.saludamedical.org/prescriptions.html
Service(s) Offered: Qualifying individuals can obtain prescriptive drugs at almost no cost.

Agency Name: Alcohol and Addiction Treatment and Mental Health Services
Address: FOR IMMEDIATE HELP
Phone: 1.800.951.3792
Website: [NA](#)
Service(s) Offered: To guide you through the process and help find appropriate provider of service.

Agency Name: Cooper Riis
Address: 101 Healing Farm Lane Mill Spring, NC 28756
Phone: 828.894.7140
Website: www.CooperRiis.org
Service(s) Offered: Clinical program includes individual psychotherapy, group therapy, family support and education, wellness counseling, psycho education, ongoing psychiatric evaluation and medication monitoring.

Agency Name: Families Together Inc.
Address: Mobile Crisis Management serving Polk and surrounding counties
Phone: 1.888.573.1006
Website: <http://www.familiestogetherinc.org>
Service(s) Offered: On-site crisis management to prevent hospitalization or out of home placement for children and adults in crisis.

Agency Name: Life Care Adult Day Health Center-Polk Center
Address: 79 Carmel Lane Columbus, NC 28722
Phone: 828.894.2007
Website: www.rutherfordlifecare.com/lifecare.html
Service(s) Offered: Meets many physical, mental, social needs of impaired adults. Monday-Friday 7:30 am-5:30 pm

Agency Name: RHA Mobile Crisis Management
Address: NA
Phone: 888.573.1006
Website: <https://rhahealthservices.org>
Service(s) Offered: 24/7 Crisis Line. Provides health services for individuals

Agency Name: Pathways by Molina
Address: 84 White Drive Columbus, NC 28722
Phone: 828.894.2290
Website: www.pathways.com
Service(s) Offered: Provides emergency same day, walk-in services for behavioral, mental, and substance abuse health concerns.

Agency Name: Ridge Oak Apartments
Address: 160 Shuford Rd. Columbus, NC 28722
Phone: 864.457.2280
Website: [N/A](#)
Service(s) Offered: Low income apartments.

Agency Name: Arc Hds Polk County Group Home
Address: 7 Mimosa Lane Tryon, NC 28782
Phone: 919.782.4632
Website: <http://www.grouphomesonline.com/city/nc-columbus>
Service(s) Offered: Disabled Person(s) Group Home.

Agency Name: Polk Health Center
Address: 155 West Mills St. Columbus, NC 28722
Phone: 828.894.2222
Website: www.brchs.com
Service(s) Offered: Community health center. Accepts Medicaid, Medicare and private insurance. Sliding-fee scales are available based on income.

Agency Name: Vaya Health
Address: 200 Ridgefield Ct. Ste. 206 Asheville, NC 28801
Phone: 800.849.6127
Website: www.vayahealth.com
Service(s) Offered: Provides assistance for those with behavioral health and developmental disabilities.

Agency Name: Pavillon Treatment Center
Address: 241 Pavillon Place Mill Spring, NC 28756
Phone: 800.392.4808
Website: www.pavillon.org
Service(s) Offered: Comprehensive addiction treatment and recovery services.

Agency Name: St. Luke's Hospital Center of Behavioral Medicine
Address: 101 Hospital Drive Columbus, NC 28722
Phone: 864.894.3311
Website: www.saintlukeshospital.com
Service(s) Offered: Inpatient psychiatry services for adults age 55 and over.

Miscellaneous

Agency Name: Polk County Veterans' Services
Address: 75 Carmel Lane Columbus, NC 28722
Phone: 828.894.0003
Website: http://www.polknc.org/veterans_services
Service(s) Offered: Polk County is proud to provide that assistance to veterans who have honorably served their country through our NCDVA certified County Veterans Service Officer (CVSO).

Agency Name: Pisgah Legal Services
Address: PO Bx. 2276 Asheville, NC 28802
Phone: 1.800.489.6144
Website: www.pisgahlegal.org
Service(s) Offered: Provides legal aid in non-criminal matters for low-income people.

Agency Name: Gospel Express Ministries
Address: PO Bx. 217 Lynn NC 28750
Phone: 828.859.7003
Website: www.gospelexpressonline.org
Service(s) Offered: Comprehensive Bible course ministry to prisoners throughout the US and Canada.

Agency Name: Polk/Foothills Support Group, Autism Society of NC
Address: 1289 West Mills St. Columbus, NC 28722
Phone: 1.800.708.3337
Website: www.autismsociety-nc.org
Service(s) Offered: Network of parents/families affected by autism living in Polk County and surrounding areas.

Agency Name: Foothills Express
Address: A service of Polk County
Phone: 828.894.8203
Website: www.polknc.org/transportation
Service(s) Offered: Provides public transportation. Monday, Wednesday, Friday 8:00 am-4:00 pm Call for more information.

Agency Name: The Free Clinics (at Polk Health Center)
Address: 155 West Mills St. Columbus, NC 28722
Phone: 828.774.9129
Website: www.thefreeclinics.org
Service(s) Offered: Provides free healthcare and prescription services to residents of Polk and Henderson counties.

Agency Name: Senior Health Insurance Information Program
Address: 75 Carmel Lane Columbus NC 28722
Phone: 828.894.7962
Website: polkcountymeetingplace.com/seniorresources
Service(s) Offered: Counselors answer Medicare beneficiaries questions about Medicare. Appointment Required.

Agency Name: Columbus Lions Club
Address: Calvert's Kitchen 306 E Mills Street Columbus NC 28722
Phone: 828.894.7062
Website: <https://e-clubhouse.org/sites/columbusnc/>
Service(s) Offered: Assist with eye exam and glasses expenses as well as lending out medical equipment.

Agency Name: Med-Assist
Address: 75 Carmel Lane Columbus, NC 28722
Phone: 828.894.0001
Website: polkcountymeetingplace.com/seniorresources
Service(s) Offered: Med-Assist is a resource for seniors, that assists with access to life-saving prescription medications each month. APPOINTMENT REQUIRED.

Agency Name: Isothermal Planning & Development Commission
Address: 111 West Court St. Rutherfordton, NC 28139
Phone: 828.287.2281
Website: www.regionc.org
Service(s) Offered: IPDC houses the region's Area Agency on Aging, Housing Programs, and also provides services through its Economic, Community and Workforce Development programs, and Local Government and Technical Assistance programs.

Agency Name: Rutherford County Transit
Address: 294 Fairground Road Spindale, NC 28160
Phone: 828.287.6339
Website: www.rutherfordcountync.gov/Departments/transit/
Service(s) Offered: Public transportation program that operates county-wide.

Agency Name: Polk County Transit
Address: County Annex Gibson & Ward St Columbus, NC 28722
Phone: 828.894.8203
Website: www.polknc.org/departments/trasportation/
Service(s) Offered: Public transportation program that operates county-wide and provides access to health care around the region. A minimal fare is charged. However, programs are available for the elderly and disabled, as well as those who need financial assistance to get to work or college. Call ahead 3 business days for trips outside the county including area airports and a shopping shuttle on Fridays to Hendersonville. Call the day before by 10 am for trips inside the county.

Agency Name: Polk County Libraries
Address: Columbus and Saluda NC
Phone: Columbus: 828.894.8721 Saluda: 828.722.5218
Website: <https://polklibrary.org/>
Service(s) Offered: Various story times, book clubs, and events for all ages and families. Visit website or Call

Agency Name: Community Alternatives Program (CAP)
Address: 48 Hospital Dr. Ste. 3 Columbus, NC 28722
Phone: 828.894.0564
Website: [N/A](#)
Service(s) Offered: A program that allows elderly and disabled adults ages 18 and up to receive support services in their own home, as an alternative to nursing home placement.